

B-d-6 Health Management and Promotion Initiatives

Health Management Room

We expanded the functions of the Health Management Office, which is a department for health support. In this office, a full-time occupational physician and a public health nurse interview and provide guidance to employees based on the results of periodic medical examinations of lifestyle-related illnesses. Our aim is to pay close attention to the physical and mental health of our employees, thereby contributing to the creation of an office environment that is even easier to work in.

Unification of Risk Assessment Standards and Databases

We unified risk assessment standards for HORIBA Group companies in Japan and installed a new risk assessment information database in our group network, thus enabling all employees to register and view risk assessment information.

This helps employees obtain information on remaining risks in their own division and use information from other divisions on disasters, risks, and favorable improvements in their own division.

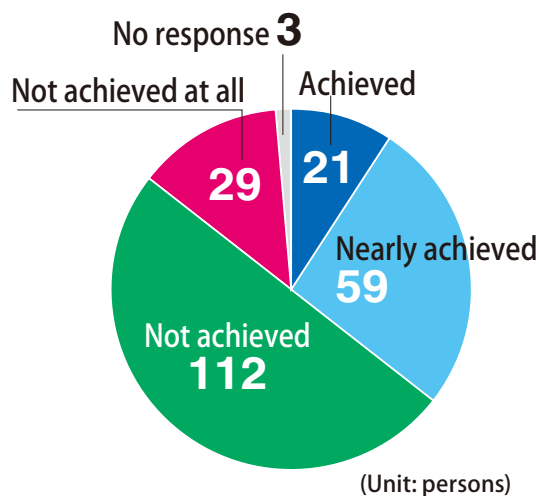
Health Improvement Activities

We planned the Health Improvement Challenge 2011 as a program to encourage employees to reevaluate their lifestyles and offer opportunities to improve health.

During the two-month period from March to April, the program urged employees to try one of four different plans: incorporating exercise into one's life, improving one's eating habits,

relieving stress, or refraining from smoking and drinking. A total of 323 employees applied for one of these courses, and 224 of them (70%) reported successful results. Two received a special excellence award and nine received an excellence award for their innovative, effective initiatives.

Health Improvement Challenge 2011
Goal Achievement



Post-program Changes in Level of Satisfaction with One's Health

